

Your face is your most valuable asset.

Protect it.

Sunlight is part our everyday life bringing warmth and light to our world especially now in summer holiday.

However the sun gives out two of ultraviolet radiation, in the form of UVA and UVB rays, which can damage our skin and increase our risk of skin cancer.

The UVB rays are mainly responsible for sunburn. However the sun's UVA rays penetrate deeper into the skin and have more damaging long-term effects, which result in premature skin ageing or photo-ageing.

The importance of UVA in skin damage

UVA-induced skin damage becomes evident only after years of repeated exposure to the sun, even at low UVA doses. This result in premature skin ageing or photo-ageing. The skin has increased breakdown of skin proteins (such as elastin and collagen), loses flexibility and moisture and results in sagging, spots and wrinkles. While we are concerned for our faces to always look young and beautiful, UVA-induces skin damage is not only a matter of preventing the ageing process, but poses a serious risk to our skin health.

UVA radiation causes damage indirectly via the formation of aggressive free radicals and oxygen species, the "Reactive Oxygen Species". These highly reactive species damage cell and are linked to the development of skin cancer.

Adequate and reliable skin protection requires a careful balance between protecting against sunburn and long-lasting protection against premature skin ageing. The risk of overexposure to UVB radiation resulting in sunburn in everyday life is fairly low, whereas UVA radiation id fairly constant trough the year. So, protecting the skin from daily UVA exposure is even more important than protecting against sunburn with high SPF factor sunscreens.

Daily protection should provide at least the same protection level against free radaicals (UVA radation) as against sunburn (UVB radiation) in order to efficiently prevent long-term skin damage resulting in photo-ageing.

When sunscreens aren't enough

Many skin care products already contain UVB filters, wich protect mainly against sunburn. However in the fight against ageing, today's modern lifestyle demands more...

Take extra care with Heliocare

... more than a sunscreen

HELIOCARE is a unique product formulated with Fernblock, a natural sun protection substance, extracted from the fern plant of South America. HELIOCARE effectively blocks out both UVB and UVA radiation. HELIOCARE is formulated with a special filter called UVINUL A Plus which has excellent anti-ageing properties for modern daily skin protection thanks to its powerful absorption of the deeply penetrating long-wave UVA rays HELIOCARE is also formulated with antioxidants to fight damaging free radicals. HELIOCARE actively stimulates the collagen of the skin, a novel anti-ageing effect. Take extra care with HELIOCARE

HELIOCARE, allows you to take extra care of your skin by providing all round protection-protecting against the acute effects of sunburn and providing long-lasting protection against premature skin ageing and skin damage. Many people are exposed to the sun for many hours during the day. This means the to ensure adequate protection against the sun's harmful rays, you need to reapply every 2 to 3 hours.

HELIOCARE has a range of formulations to suit your individual needs and is the only sun protection product to offer a capsule for people who need entire body protection against the sun.



refine



Before treatment



After treatment

One is always sceptic al about going to a new Beauty Salon but from the minute that I walked thru their doors I knew that I had made the right choice, Lindi and her staff made me feel special. The wonderful atmosphere makes one relax and just takes away all the stress of ones life.

I have always avoided the surgical methods so I opted for the non surgical procedures, and I am so glad that I did.... Lindi assured me that with a course at her salon my skin would improve. After the initial consultation she advised me what needed to be done and how it would suit my budget. My skin condition has improved two fold....its now glowing and refreshed....But off course their is still those stubborn wrinkles but with the help of Dr Buddy Johnson the " botox" specialist this problem was resolved....

What's really great about Refine is that I can have all my treatments done under one roof....my nails....waxing.... massages....Wow!! When you come out of there you feel like a new woman....

Lindi a big thanks from me.....It was a real pleasure meeting you and I will definitely be back soon....Congratulations on your first birthday...

Beauty and Makeup - Lindi (Refine)
Nails - Nicole (Refine)
Hair - Charnelle (Salon Rose)

June Higginbotham



Happy Birthday Refine!



Lindi Prinsloo Aesthetic Practitioner

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